

a pearl kind of girl

Summer Brussels Sprouts

2 tablespoons extra virgin olive oil	1/2 teaspoon salt
3 cups shaved Brussels sprouts	1/2 teaspoon pepper
1 tablespoon lemon juice	3/4 cup of sliced almonds

Heat olive oil in a skillet over medium heat, add shaved Brussels sprouts.

Toss with lemon juice, salt and pepper.

Add sliced almonds and cover, let simmer until Brussels sprouts start to soften.

Remove from heat and serve warm. Top with shaved parmesan cheese.

